



Gratitude is a biblical expectation.

- Colossians 2:6-7 “So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.”
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- Colossians 3:15-16 “Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.”

- Colossians 4:2 “Devote yourselves to prayer being watchful and thankful.”
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- Philippians 4:5 “Do not be anxious about anything but in everything by prayer and petition with thanksgiving present your requests to God.”
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- 1 Timothy 2:1 "I urge you then first of all that requests, prayers, intercessions and thanksgiving be made for everyone, for kings and those in authority."
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- Colossians 3:17 "And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him."
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- Ephesians 5:19 "Sing and make music in your hearts to the Lord, always giving thanks to God the Father for everything."
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- 1 Thessalonians 5:18 "Give thanks in all circumstances, for this is God's will for you in Christ Jesus."

Gratitude is a relational inspiration

- 1 Corinthians 1:4 “I always thank God for you...”
- Ephesians 1:16 “I have not stopped giving thanks for you...”
- Philippians 1:3 “I thank my God every time I remember you...”

- Colossians 1:3 “We always thank God the Father of our Lord Jesus Christ when pray for you...”
- 1 Thessalonians 1:2 “We always thank God for all of you...”
- 1 Thessalonians 2:13” We also thank God continually for you...”
- 1 Thessalonians 3:9 “How can we thank God enough for you in return for all the joy we have in the presence of our God because of you...”

- 2 Thessalonians 1:3 “We have all this to thank God for you brothers and rightly so...”
- 2 Thessalonians 2:13 “We have always thanked God for you brothers loved by God...”
- 2 Timothy 1:3 “I thank God with a clear conscience as night and day I constantly remember you in my prayers...”
- Philemon 4 “I always thank my God as I remember you in my prayers you in my prayers...”

Gratitude is a powerful motivation.

- 1 Corinthians 15:9-10” I am the least of the apostles and I don’t even deserve to be called an apostle because I persecuted the church of God but by the grace of God I am what I am. And His grace to me was not without effect. I worked harder than all of them yet not I but the grace of God that was with me.”

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- Ungrateful + Unmotivated = Lukewarm Christian
- Grateful + Motivated = powerful combo for passion